Anquet Maps 2008 www.Anquet.co.uk (Bottom Left - Top Right)-(SN 908 642-SN 943 691) Map printed at 1:16,667
Route: Walk 18 Penygarreg/Mynydd Dolfolau & Bwlch Croesnewydd, Start Point: SN 915 673, End Point: SN 915 673, Flat Length: 6.43 Miles, Hidden Length: 6.47 Miles, Max Height: 1,587.00 Feet, Min Height: 820.21 Feet, Height Ascended: 1,621.45 Feet, Estimated Time: 3 hrs, 56 mins, Est Time: 2.3 Mi/hr, 3,000 ft ascent adds 1hr, 3,000 ft descent removes 1h

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